

Edgewood Independent School District



Athletic Guidelines 2023-2024

Edgewood Athletics

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Communication Outlets

Web Page – www.edgewood-isd.net
Athletic Web Page - www.edgewood-isd.net/district/athletics
Twitter - @Edgewood_Ath
Instagram – edgewood_isd_athletics
Live Stream YouTube – www.youtube.com/c/EISDLiveBroadcasts
High School Facebook – www.facebook.com/Edgewood-High-School-117191738929095
Middle School Facebook - www.facebook.com/Edgewood-Middle-359144667893353
Rank One – www.rankonesport.com or App – Rank One Public (White Icon)
Edgewood App – Edgewood ISD App

UIL Activities Offered

High School (Grades 9-12)

Fall

Cross Country
Volleyball
Football

Winter

Basketball

Spring

Softball
Baseball
Golf
Tennis
Track

Middle School (Grades 7 & 8)

Fall

Cross Country
Volleyball
Football

Winter

Basketball

Spring

Track

Edgewood ISD Athletic Guidelines

The mission of the Athletic Department of the Edgewood Independent School District follows the mission of the district – EISD, the heart of the community, is to equip all learners for a life of success through caring, engaging and collaborative instruction in a variety of programs along with competitive extracurricular opportunities that motivate and transform each student to reach his/her full potential to become highly productive citizens. We believe that athletics is a major ingredient in the success of our mission!

We will educate students having a variety of backgrounds and aptitudes and will encourage students to discover their full potential, both intellectually and physically. It is our goal that through participation, with an emphasis on teamwork, unity and commitment, we will prepare our students for a lifetime of success.

In order to enhance and support these basic principles, the athletic department will develop programs which will teach positive lessons of sportsmanship, respect for one's opponent, respect for the rules, and the ability to win and lose with grace. We will instill perseverance, self-discipline and self-denial, self-reliance and self-confidence in our students. We will teach the importance of teamwork and team discipline, competing, along with the joy of competition. It is also understood that the best way to teach, as well as learn these important life lessons, is for our programs to be successful both on and off the field of play.

In order to achieve the goals set forth by the mission statement and philosophy of the department, we must recognize the distinct differences between middle school, junior varsity and varsity athletics. By teaching the beginning skill levels in the middle school and moving through the program to advanced competitive experiences at the varsity level, we will strive to create the most meaningful program possible for our students.

Our middle school program acts as a feeder system for our junior varsity and varsity teams. Therefore, we encourage students to be involved, develop and understand the responsibility of commitment to a team, which includes positive attitude and attendance at all practices and games. During practice, emphasis is put on skill building and application of those skills in game situations.

This is a very important period in the student's growth and maturity. Middle school students begin making choices between co-curricular activities and activities not related to school. We believe involvement in athletics is as important to the student's physical growth, while complimenting a student's mental growth. The athletic department and our coaches must fully understand the importance of this crucial stage of development.

The junior varsity is the next phase of student growth through the program. The junior varsity acts as a feeder to the varsity. These teams are working to improve and develop their skills. During these phases, players will be exposed to a higher level of drills and strategy that will prepare them for a smooth transition to the varsity level. We want to stress the importance of one's role on the team and the value of participation. If attendance and positive attitude at practice and games are consistent, we as coaches must do our best to see that all players are realizing playing time in games.

Being on the varsity is the final phase in one's experience through our program. The expectations are the player's skill level and commitment are at the highest level. Playing time can be restrictive as skill, attitude and desire all play a major factor. It is our hope that all players get into game situations, at the same time, the expectation of our varsity coaches are to play the players that the coaching staff believe gives the team the best opportunity to win. It is our hope that regardless of playing time, students learn and understand the importance of participation, his/her role on the team and the joy, fun and excitement one experiences by being part of his/her high school team.

General Policies and Responsibilities

All athletes have the responsibility to give their best, play to win, follow training guidelines, and exhibit good conduct and fair play. Athletes, as well as coaches, are always on display. We are judged by the company we keep. Our actions in everyday life, both private and public, are a direct reflection on the EISD athletic program and school.

A. During competition, an athlete must:

- Learn that both winning and losing are part of the game and learn to accept both.
- Have complete control of himself/herself at all times. Horseplay, display of temper, use of profanity, and disrespect for coaches or officials will result in disciplinary action from the coach.
- Respect the officials and the decisions of the officials. The game or calls might go against you, but the officiating is not for a player to question.
- Understand that, unsportsmanlike, technical fouls or ejections will not be tolerated and punishment will be enforced.

B. In the locker room, an athlete:

- Must take pride in the locker room and follow all rules and expectations.
- Must hang up and store equipment in the proper place.
- Must maintain a clean locker.
- Will not borrow or take another player's equipment.
- Will lock your locker at all times. The school nor the athletic department is responsible for lost or stolen items, you are issued a locker and lock to protect your personal items.

C. In the classroom, an athlete must:

- Realize that he/she is a student first, and athlete second. The student-athlete must give time and energy to the classroom. Student-athletes must receive acceptable grades that meet the UIL requirements for participation.
- If a student-athlete fails two consecutive grading periods, they will be subject to removal from the team and/or the athletic period.
- Maintain a satisfactory citizenship and behavior record by giving respectful attention to classroom activities and by treating teachers, administrators, and fellow students with respect.

D. On campus, an athlete must:

- Maintain proper dress and appearance, good grooming, and personal cleanliness. You are a leader and you have only one chance to make a good first impression.
- Refrain from poor behavior, tardiness, scuffling, horseplay, and fighting.

E. Outside of school, an athlete:

- Is still a representative of the athletic program and the school district.
- Is subject to disciplinary action by the athletic department for behavior deemed inappropriate (criminal activity, reckless behavior, alcohol, tobacco, drug use, fighting, inappropriate social media, etc.).

F. Club, League, Select Team Participation and Unexcused Absences

- It is the expectation of the district that school sponsored sports take precedence over non-school sponsored sports. Failing to follow this expectation may result in suspension or dismissal from the school sponsored sport.
- An athlete that is in-season must notify the head coach of participation in a non-school sponsored sport.
- Unexcused absences from games will result in suspension from game(s).
- Unexcused absences from practices could result in possible suspension/loss of playing time in games.

Athletic Period

Middle School

Edgewood ISD requires all middle school students to be enrolled in athletics. Not all students are required to be a middle school athlete but physical education for those who do not participate will be provided during the athletic period. Once the students begin high school they will have the option to remain in athletics or gain his/her physical education credit in a specific PE class.

High School

To be enrolled in athletics a student must participate in at least one of the following sports: Volleyball, Football, Girls Basketball, Boys Basketball, Softball or Baseball. Students that wish to participate in Cross Country, Track, Tennis or Golf do not have to be enrolled in the athletic period but all guidelines will be followed for all students who participate in any athletic activity that Edgewood ISD offers. Students that choose to participate in a sport that does not require them to be in the athletic period must get approval from the athletic director to be placed in the athletic period. Students who are in the athletic period and do not participate in any of the required sports will be subject to removal from athletics.

Awards / Letter Jacket

Student athletes may receive one major award during their high school career according to the UIL from the school. Edgewood ISD awards one letter jacket to a student athlete in their high school career. In order to letter in a sport, the student must be on a varsity team and meet the criteria which has already be set forth by each sport. Determination of lettering is meeting the criteria and the choice of the head coach and athletic director. Edgewood ISD will provide an opportunity for each athlete to order a jacket at the school two or three times a school year.

Drug Testing / Vaping

EISD Athletes are drug tested as a group in the fall, winter and spring. Every athlete will be drug tested at least once per year and very likely tested multiple times. In the fall, winter and spring these large group testing's will be mandatory for every athlete that is selected during those seasons. EISD also does random drug test 10-12 times a year that athletes could be selected to participate in as well. EISD drug testing policy can be found on the schools website and has to be signed off on to participate in athletics.

Vaping will not be tolerated and any and all athletes will be referred to the High School office and placed in mandatory DAEP for a length of time determined by the High School Principal.

Eligibility

The eligibility of student athletes is defined by the UIL and TEA, so that students must be passing in order to participate in any extracurricular activity by the following guidelines:

- Have not graduated from high school

- Are full-time, day students in the school, and have been in regular attendance at the school since the 6th class day of the present school year, or have been in regular attendance for 15 or more calendar days before the contest or competition
- Are in compliance with state law and rules of the Commissioner of Education, (see TEA-UIL Side By Side)
- Are enrolled in a four year, normal program of high school courses, and initially enrolled in the 9th grade not more than 4 years ago nor in the 10th grade not more than 3 years ago
- Are not recruited
- Are not in violation of the awards rule, and meet the specific eligibility requirements for academic and athletic competition.
- Are less than 19 years old on September 1 preceding the contest or have been granted eligibility based on a disability that delayed their education by at least one year
- Live with their parents inside the school district attendance zone their first year of attendance (see your school administrator for exceptions)
- Have not moved or changed schools for athletic purposes
- Have not violated the athletic amateur rule
- Were eligible according to the fifteen day rule and the residence rule prior to district certification.

Edgewood ISD will check grades at the following points during the school year:

- Credits from previous school year – Does not apply to incoming 9th graders – Need 5 credits each year
- 1st Six Weeks of school
- End of 1st grading period
- End of 2nd week grading period
- End of 3rd week grading period
- If a student become ineligible grades will be checked at the three week mark and the six week mark if not passing at the three weeks. This will be done for all ineligible students each grading period.

Students are not allowed to participate in any game activities or travel if they have become ineligible in any class they are enrolled in. Edgewood ISD does require all ineligible student athletes to be at practice.

Equipment Issued

All athletes will wear school issued practice equipment during the athletic period and practices. This equipment is not to be worn to class without permission from the head coach of the particular sport. All athletic equipment issued will be returned in proper condition to the athletic department. Any student who fails to return issued equipment will be financially responsible. If a senior athlete does not return equipment, the district reserves the right to place a hold on his/her transcript.

- No personal equipment to be used unless approved by head coach and athletic director.
- Do not wear equipment home or take home

Individual Conduct and Behavior

Edgewood ISD's core values are based on Character, Integrity, Responsibility, Respect, Growth and Service. Each individual athlete needs to model and promote these values in their conduct and behavior in all aspects of their athletic time at Edgewood ISD. It is our belief that instilling the values into your everyday life will make you a better student, athlete and person, along with preparing you for life beyond Edgewood ISD. The following are expectations of an Edgewood athlete.

- A. Stealing - Taking things that do not belong to you will not be tolerated. An athlete caught stealing could be dismissed from the athletic program.

- B. Individual conduct - Do everything you can to add class to our program. As an individual, do not do anything detrimental that will take away from the program. Edgewood athletes should be noted for their clean, tough, and competitive play. Praise your opponents and play beyond your ability. You will be expected to conduct yourself as a lady/gentleman at all times. We know that each of you do not have the same ability, but we expect each of you to perform to the best of your ability. Failure to adhere to the above conduct standards will result in a coach/athlete conference with possible disciplinary action.
- C. Disrespectful conduct – No athlete will engage in disrespectful conduct of any sort including profanity, obscene gestures, offensive remarks of racial or sexual nature, taunting, or other actions that demean others.
- D. Respect for Coaches - Coaches should receive "yes sir," "yes ma'am", "no sir", and "no ma'am" responses from players. Players in return will be treated with respect by the coaches. Whenever a coach is speaking with you, either individually or as a group, you should give them your undivided attention.
- E. No athlete at any time should have in their possession, use, or intend to use alcohol, tobacco, or any illegal drug. Violating the illegal substance code may result in suspension from athletic contests and/or removal from the program. All 9-12 athletes will be drug tested in accordance with the Edgewood ISD Drug Testing Policy.
- F. An Edgewood athlete must remember that he/she is recognized first as an athlete. With this in mind, one must think before one acts, and decide if his/her actions will hurt the character of this school and our athletic program.
- G. An athlete's school is one of the most important factors in his or her maturing process. High school days will always be remembered, so one must remain loyal to his/her school and its spirit.
- H. Good sportsmanship is a must in being a true Edgewood athlete. An athlete never loses his/her poise causing anger to be shown at his/her opponent during competition. It is natural to become angry at times during a contest or game, but a real champion can control his/her feelings and come back stronger instead of causing his or her team to be penalized. An athlete will accept the decisions of the officials and show respect for their authority.
- I. Athletics is participation in competitive sports. Athletes must participate at a high intensity level and will be pushed by their coaches and peers to a level higher than thought possible. Athletes will be expected to participate in every workout and/or contest unless they are excused by the athletic trainer and/or head coach due to injury or illness. Continuously not participating could result in dismissal from the athletic program.
- J. All athletes are expected to conform to all UIL rules and Edgewood ISD Student Handbook rules and regulations. Athletes who do not follow the athletic guidelines may be removed from the athletic program. The removal of an athlete will be the decision of the head coach and athletic director. There will be a conference between the head coach, athletic director, the athlete, and the athlete's parent before an athlete is removed from the program.

Initiation / Hazing

Initiation practices and/or hazing is against the law and will not be tolerated!

- **LEVEL 1 OFFENSE** – This could be any type of “horseplay” – type of behavior directed at an individual or group of individuals for the purpose of initiation or hazing. Penalty could be extra conditioning. Repeated minor offenses will be treated as a major offense.
- **LEVEL 2 OFFENSE** – Any form of hazing or initiation – type of activity that is deemed to have a potential for physical harm or inappropriate actions to one’s body will be considered a MAJOR OFFENSE. Such actions will be punished by penalty ranging from a one game suspension to dismissal from the athletic program. Possible criminal charges may be filed.

Insurance / Injuries / Illness

Each student is responsible for their own insurance coverage. We do offer a supplemental policy that is on the school athletic website. This policy is an option for each athlete and student in the district but it is the responsibility of the parent/guardian to purchase.

Each parent or guardian must agree to release Edgewood Independent School District and its trustees, employees, sponsors, and volunteers from all legal responsibility from liability resulting from any activities of this organization, including liability caused by or related to the negligence of any such party in a signed form.

INJURY POLICY & PROCEDURE:

- EISD requires ALL student-athletes, grades 7-12, to have a yearly-completed physical exam and information packet on file before they are issued any equipment or participate in any after school workout.
- ALL injuries are to be reported to the head coach immediately so that prompt medical attention may be received and proper medical records may be kept.
- When a student-athlete is under a physician’s care for any condition, injury or illness, they will not be allowed to return to practice or competition without a written release from the attending physician. The release provided to the head coach.
- All physician’s instructions regarding athletes practicing or playing in games are final and will not be modified in any way.
- All information regarding the status of an injured athlete is confidential and should not be discussed with anyone except the athletic director, athletic trainer, parents, head coach, or attending physician.
- We do not take parent notes excusing athletes from participating. Our athletic trainer or head coaches will make that determination and make sure each athlete is well taken care of.

Athletes that are injured are still required to attend practices and games. Athletes may be required to dress out (not participate). Every effort should be made to attend practices and games while ill or injured unless the illness is contagious or the student-athlete has been instructed to stay home. Everyone learns from each practice session, whether the student is physically working out or simply observing.

ISS / DAEP Placement

Student-athletes who are assigned ISS will be disciplined by the head coach of each program. Athletes who are continuously assigned ISS are subject to removal from the team and/or athletics.

Athletes who are assigned ISS will be given extra work consisting of sport specific conditioning/penalty for every day they are assigned ISS. Extra conditioning must be completed before the next contest.

Athletes are expected to attend after school practice while assigned ISS.

An athlete will not be able to participate in a contest under the following guidelines:

****ISS punishment is done on a weekly basis, each Monday starts a new week, and the conditions below apply.**

****1 day – Athlete will not participate for the first half of next scheduled game.**

****2 days – Athlete will not participate for the next full game scheduled.**

****2+ days – Every additional day is punished by half of the game. For example, if an athlete is in ISS for 3 days, the athlete must sit out of one and a half games.**

****If an athlete is in ISS the day of a game they will be suspended from that game. The athlete can attend the game but cannot suit out with the team. An athlete cannot be removed from ISS until the end of the school day and will not be allowed to travel if departure is before the conclusion of the school day.**

****Assignment to ISS on multiple game days - the athlete cannot suit out, travel or be in the player area.**

****The head coach and/or athletic director make all final decisions based on travel and playing time. If the head coach and/or the athletic director feel that it is necessary to alter the ISS rules to make it stricter then they may do so, however the minimum will not be altered.**

Student-athletes who are placed in discipline alternative education program (DAEP) will not be able to participate in practices or contests. Athletes will be assigned extra conditioning upon return for each day they are placed in the alternative program. This conditioning must be finished prior to competing in the next contest (it should be noted that this conditioning may not be started until the placement has been completed). Placement in an alternative education program may result in dismissal from the team and possible removal from the athletic program.

Multiple Extracurricular Activities

The athletic department believes that each student should have equal opportunity to participate in as many extra-curricular activities as possible. The coaching staff will make every effort to coordinate schedules and practices to fit the needs of our student-athletes. It should be noted that anytime a student athlete is representing Edgewood ISD no punishment or required conditioning will be administered. Team practices and scholastic events take precedence over individual events and outside-school activities. We will make every effort within reason to accommodate our student-athletes with other Edgewood ISD extracurricular activities only.

Officials

EISD Athletic Department acknowledges the fact that one of the most important factors in sports are officials. The future of our athletic program is dependent upon the officials. We as athletes, coaches, parents and fans must understand the importance of officials and that the games cannot be played without them, no matter the expectations. There are many contributing factors with the decline in the number of officials but the leading cause is how they are treated. Officials are our partners and they are to be treated accordingly.

Parental / Coach Communication

Coaches Expectations for Parents

- Concerns expressed directly to the coach in a calm, professional manner.
- Notification of any schedule conflicts, illness or injury in advance.
- Allow your child to discuss any issues or concerns with the coach prior to parent contact.
- Avoid using social media negatively towards coaches, school and/or athletic programs.

Appropriate Concerns to Discuss with Coaches:

- Coach's interaction with your child or interaction with others.
- Ways to help your child improve athletic skills.

Topics Left to the Coaches Discretion:

- Playing time
- Play calling
- Team strategy
- Other students/athletes

Parent-Coach Meeting Procedures:

- Request a meeting by phone or email.
- Please, do not confront a coach before/after practice or a game. Meetings of this nature usually do not promote positive resolutions.

Process to follow and the chain of command for parent/coach communication:

1. Student athlete request a meeting and discussion with head coach.
2. Parent/Guardian request a meeting with head coach.
3. Parent/Guardian request a meeting with head coach and athletic director.
4. Parent/Guardian request a meeting with the athletic director.
5. Parent/Guardian request a meeting with the superintendent.

Personal Appearance and Grooming

In addition to the following, the Edgewood ISD School Board approved dress code (found in the Student Handbook), student-athletes may have additional expectations concerning personal appearance and grooming in the athletic period, practice, games, and travel to and from competition. Some general guidelines are listed below:

- Uniformity - athletes will all be dressed in school issued clothing for the athletic period, practice, and games (each head coach may have additional requirements).
- Be neatly groomed.
- All jewelry must be removed during the athletic period, practices and games – this includes spacers.
- No facial hair.
- No hats or caps worn on trips unless its school issued or in support of the athletic program.

Quitting

There will be times when athletes find it necessary to quit playing a sport during the season. Whatever the reason, an athlete must follow the steps listed below:

1. The athlete should talk to the coach and parents to see if a solution can be reached without having to quit. A conference between the parents, athlete, and coach, or any combination thereof, may be required, and is highly recommended before an athlete will be permitted to quit.
2. The athlete must talk with the athletic director before he/she is allowed to quit.
3. If an athlete decides to quit, he/she must check out of the sport with the head coach and turn in all issued equipment in proper condition. The athlete must pay for any equipment not returned.
4. An athlete may not quit one sport to participate in another. The sport that the athlete quit must be completed before participating in a new sport, unless the athlete quits before the start of district play.
5. If an athlete does quit, he/she:
 - Will forfeit his/her letter or award for the sport
 - May not be allowed to participate in the sport in the future. All athletes wanting to return to the sport will have to have the approval of the head coach and athletic director. If the return is approved, he/she will have to run 15 miles in a 5 day period before being allowed to practice.
 - Will be required to do extra work/sport specific conditioning to participate in another sport, if both sports are in season at the same time.
 - May be suspended/removed from the athletic program and athletic period.
 - Returning to a sport with a new head coach MAY be allowed and must be approved by the athletic director only. All factors will be considered in determining the punishment for returning for this criteria.

It is important to note that quitting a team is considered to be a serious matter and the athlete may lose all future athletic privileges.

A player that is removed from a team by the coach will follow the same guidelines as quitting. (See #5 Above)

Respect

The athletic department believes you get respect by giving respect. Sometimes, as a young person, you must work very hard to earn respect, but we must do just that. All athletes will be respectful to teachers, coaches, and each other.

- Say yes sir/ma'am and no sir/ma'am.
- Show respect for managers as well as your teammates.
- Never use profanity.
- When talking to teachers and coaches, show them respect by being a good listener.

Respect - during competition

He/she must learn that both winning and losing are part of the game and must learn to win and lose with grace. Temper fits, flagrant violations of the rules, etc., will not be tolerated. Respect for officials is absolute. Discussion of calls made by officials will be handled by the coach. Any behavior contrary to the above or any other act that is not conducive to good sportsmanship will result in punishment.

Social Media

- Do not put yourself in a position where someone can question your behavior.
- Do not make references to other schools and teams.
- Refrain from sharing negative comments about others.
- Negative social media could be subject to disciplinary action athletically and from campus administration.

Spectator / Fan Behavior

- Should a spectator verbally confront a referee, an official, a sport participant, a coach, other spectator(s), or administration before, during or after a contest, that spectator could be barred from attending any EISD athletic event home or away for up to one calendar year.
- Should a spectator physically assault a referee, an official, a sport participant, a coach, other spectator(s), or administration before, during or after a contest, that spectator will be permanently barred from attending any EISD athletic event indefinitely and prosecuted to the fullest extent of the law.
- Should a spectator be ejected from any contest by an official, that individual will be suspended from all activities home and away for seven calendar days not including the day of the ejection.

Tardiness / Absences

Student-athletes are expected to be dressed and on time to the athletic period, practice, games, or any other event specified by the coach. It is the student-athletes responsibility to notify the coach if he/she is going to be late or absent. Failure to notify the coach may result in disciplinary action. An absence for any reason is still an absence and each coach will have a policy about making up missed conditioning or practice time. The make-up conditioning is done to make up for the workout missed by the athlete, both during the athletic period and after school practice. The make-up conditioning is done in addition to the normal daily workout and should be

done for every workout missed. All absences of the athletic period or after school practices will result in sport specific conditioning and/or penalty.

Excused Absence - An excused absence is granted for an illness, emergency, death, school function, etc. In such cases, the student-athlete should call the coach prior to the absence. Communication is the responsibility of the student-athlete.

The athletic department understands that there will be times when it is unavoidable to miss practice. However, even an excused absence may require an athlete to make up for work missed. This is not punishment; it is “make up” conditioning that was missed during practice.

Unexcused Absence – An unexcused absence is a failure to communicate an absence with a coach, choosing not to attend a school organized team function, school disciplinary reasons or any other absence that can be avoided. The penalty for an unexcused absence will be determined by what activity is missed (practice or game) and is at the discretion of the coach and the Athletic Director. Athletes and parents need to understand that unexcused absences of games will result in suspension and/or loss of playing time.

The athletic director and head coach of that sport will evaluate extended absences.

An athlete that has excessive absences as determined by the middle school/high school administration will not be allowed to participate until the excessive hours are made up and he/she is no longer considered excessive. According to Texas Education Agency, students must be in attendance 90% of the time to receive credit for the course.

Team Travel / Transportation

Student-athletes will travel numerous times throughout the school year. It is important to remember that we are representatives of our school. Athletes must dress neatly and appropriately on all trips. Coaches will advise athletes on proper attire. Our conduct and appearance is very important, it is a reflection of our school, our team, our athletic program, our community, and on each individual team member.

When traveling it is important to be on time. The athlete should know the departure time and be at the designated departure site. The bus will not wait. High School athletes are expected to ride to and from all athletic competitions together as a team. We realize that there are times when a student athlete must ride home with his/her parent or guardian. If the need arises not to ride the bus home, the athlete may only leave with his/her parents or guardian. Notes will not be taken to alter this requirement.

Middle School athletes may check out and ride home with parents but the Athletic Department does want parents to understand that traveling is part of the game and team process. We would prefer athletes to keep separate travel from the team to a minimum. A coach will be assigned to have each athlete check out with them and a signature from a present parent/guardian is needed before we can release the athlete.

Edgewood ISD does not allow students to travel on their own to games or practices without prior approval. In those cases a student/parent consent form will be completed to allow student travel. These situations are at the discretion of the Athletic Director.

Trainer

The Athletic Department has a partnership with Baylor Scott & White Texas Spine and Joint that provides Edgewood ISD with an athletic trainer. They will provide a trainer for a majority of our athletic events for the school year and multiple days each week. Our provided trainer(s) are licensed by the State of Texas. They are also trained to recognize those injuries requiring a doctor's attention, over seeing some rehab, treating routine injuries and many other services in the training field.

It is very important that injuries be handled in the proper manner. Athletes should first inform the coach and trainer of an injury. The injured player should always check with the coach and trainer before going home for the day. This allows the coach or trainer to follow up with the parent/guardian about treatment or seeing a doctor. Player to coach communication is very important in the injury process.

UIL and Edgewood ISD Forms

Prior to participation, a student athlete must have the following on file (completed online through RankOne)

- Physical Form and Medical History Form (UIL Form Only) – Printed and completed – (RankOne)
- Acknowledgement of Rules Form (RankOne)
- Steroid Agreement Form (RankOne)
- Sudden Cardiac Awareness Form (RankOne)
- Concussion Acknowledgement Form (RankOne)
- Insurance Waiver (RankOne)
- Insurance Policy Opportunity (RankOne) – Printable on athletic website – www.edgewood-isd.net
- Emergency Contact Information (RankOne)
- Edgewood ISD Drug Testing Policy (RankOne) – Printable on athletic website www.edgewood-isd.net
- Edgewood ISD Athletic Guidelines (RankOne) – Printable on athletic website www.edgewood-isd.net

Work Program

EISD requires that all student athletes attend a full class load in an eight period day. Entering into the student work program and participating in athletics will not be allowed.

Edgewood ISD Athletic Contract

Participation in athletics is a privilege not a right. To be an athlete and participate in any sport at Edgewood I.S.D., the rules and regulations of the athletic department and the regulations and policies of the district will be followed. Any and all determinations of these Athletic Guidelines could be subject to change or alteration by the Athletic Director, if it is determined to be in the best interest of the athletic program and/or the student athlete(s).

I, _____ after having read the rules and regulations in this handbook, hereby agree to abide by these rules. I realize that failure to follow these rules may result in my dismissal from a team and/or may result in my being denied the opportunity to participate in any other sport.

Athletes signature

Date

As a parent/guardian of the above athlete, I have read the athletic handbook and understand the rules and regulations that have been set forth.

Parent/Guardian signature

Date